Yearning and Longing for God



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Sun Myung Moon Circa 1968 Excerpt "The Origin of Loyalty and Filial Piety1" Volume 1

Please raise your hands if you have fasted for one week? Question is what you learned during the time when you were fasting. At the end of the seventh day, when you will break the fast in ten minutes, you think about how much you are looking forward to and yearning for tasting food again. Your whole being — your senses and nervous system — is focused, desperate, and compelled for that. However, at such a moment, you should let go all of that to love God. You must build up such a standard for loving God in you. The hunger you feel is very real. It is the reality of all realities. But, can you love God more than your hunger for food? Yearn and long for God. Such a heart that goes beyond physical limits will reach to Heaven.

Imagine a wife waiting for her husband to come home, after several years when he left to go his mission. Can you imagine how desperate is her longing for her husband? When it rains, her heart will long for her husband who may be in the rain. You should experience such a heart of longing for God two or three times in every three days. In other words, you must experience such a yearning every day.

When you are walking a city street, you are overwhelmed and overcome by your longing for God. Then you stop walking, but you are unable to stand by your own power so you embrace a telephone pole and pray to God. Have you ever experienced such longing? Even if there are many lovers in this world, none of them would experience such a compelling and over powering feeling towards their lover. Have you ever experienced such intense hunger for God in your heart? Your faith and heart should always yearn for God with such intensity, greater than your desire for bread at the end of fasting.

1 Editor's Note: "Origin of Loyalty and Filial Piety" is several volumes of books compiled Father Moon's speeches (given to Japanese members where he spoke in Japanese) from later 60's to early 80's by Rev. Kamiyama. For the above excerpt, it is not clear which speech it is taken from.

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